



Increasing networks on 5 continents to rediscover and reprotect the primal health-continuum of Pregnancy-Birth-Breastfeeding



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Miracle in the Heart project
ProEstRo.com

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AREAS OF ACTIVITIES:

- ♥ Blessed conception
 - ♥ Natural childbirth
 - ♥ Baby's first year of life
- ***Festival'2014*** (60 experts from 16 countries on 3 continents),
 - ***Festival'2015*** (40 experts from 17 countries on 4 continents), and
 - ***Post Festival (2015-2016)*** (20 experts from 5 countries on 2 continents).



*Miracle
in the Heart*

News ♥ Our story ♥ Our projects

*Social project "Miracle in the Heart"
We popularize natural childbirth worldwide*

Since 2014

5 continents

>130 experts with natural approach from **29 countries**
(80% - world level)



Europe: Russia, Ukraine (+ Donetsk Public Republic), Kazakhstan, Latvia, Moldova, Belarus, Slovenia, UK, France, Sweden, Switzerland, Italy, Netherlands, Israel, Spain

North America: USA, Canada

South America: Argentina

Asia: India, Singapore, Thailand, Vietnam, the Philippines

Australia & Oceania: Australia, New Zealand, Bali

Africa: South Africa, Kenya

Newsletter & social media database

>16, 000 pers

Over 150 unique articles & 500 hours of exclusive video on the website and YouTube

No rewriting, all website matters are exclusive



<https://proestro.com/experts>

First Miracles of the Miracle in the Heart Project

(Russia, Ukraine, Greece)



- Three natural childbirth occurred within the Festival on Natural Childbirth:) in 2014. Congratulations to Tatyana (mother of 10th baby – but the first naturally born!), Svetlana (mother of 1st baby) and Julia (mother of 3rd baby)!



- One VBAC assisted by a doula in Russia occurred right within the same name webinar of Dr. Michel Odent (UK) in 2015. Congratulations to Svetlana (mother of 2nd baby)!



The First National Report on HRiC: Ukraine

(for the Europe Summit on HRiC, France, 2016)



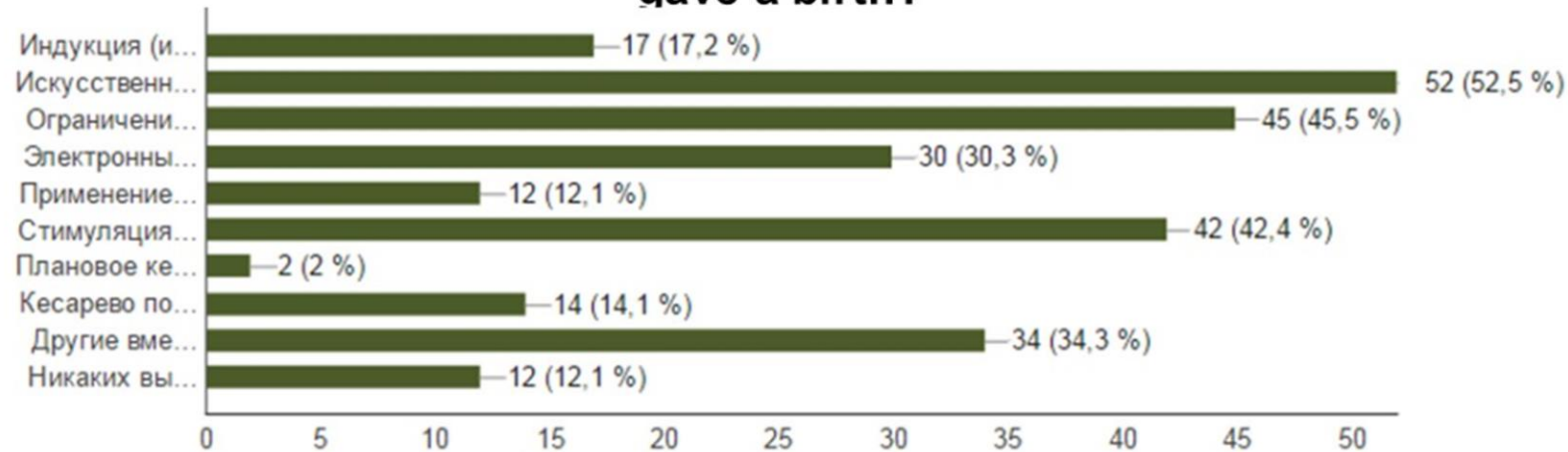
- Only 31% of women gave birth without medical intervention (active management of the third stage of labor was not considered an intervention) – thus labour is very medicated.
- Almost half of births at the second stage of labor have taken place in the position of women lying on their back.
- Only 49% of women were psychologically satisfied with their birth experience.

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Which processes or the following interventions did you have while you gave a birth?



- Induction of labor (getting labor going - pitocin, misoprostol etc.) – 17.2%
- Breaking the amniotic sac (artificial rupture of membranes) – 52.5%
- Freedom of movement/ position – 45.5%
- Electronic fetal monitoring – 30.3%
- Pain Medication/ Pain Relief Methods – 12.1%
- Augmentation of labor (speeding labor up - pitocin etc.) – 42.4%
- Planned cesarean section – 2%
- Cesarean section during labor (emergency or otherwise) - 14.1%
- Other interventions – 34.3%
- None of the above interventions – 12.1%

The First online conference on HR in pregnancy and birth for lawyers (2016)



Conference objectives:

the exchange of international experience in protection of individual and family rights, specifically, the rights in pregnancy and childbirth, in order to implement this experience in those rights' protection in courts and in dealing with social power bodies, as well as issuing proposals in the legislation of the participating countries.



The uncoupling of the "Vitebsk case" (Belarus)

(2017-2018)



The online petition on change.org "We demand the acquittal of a mother who suffered an unplanned home birth and lost her baby that subsequently died in a hospital!" has been supported by 173, 000 people.

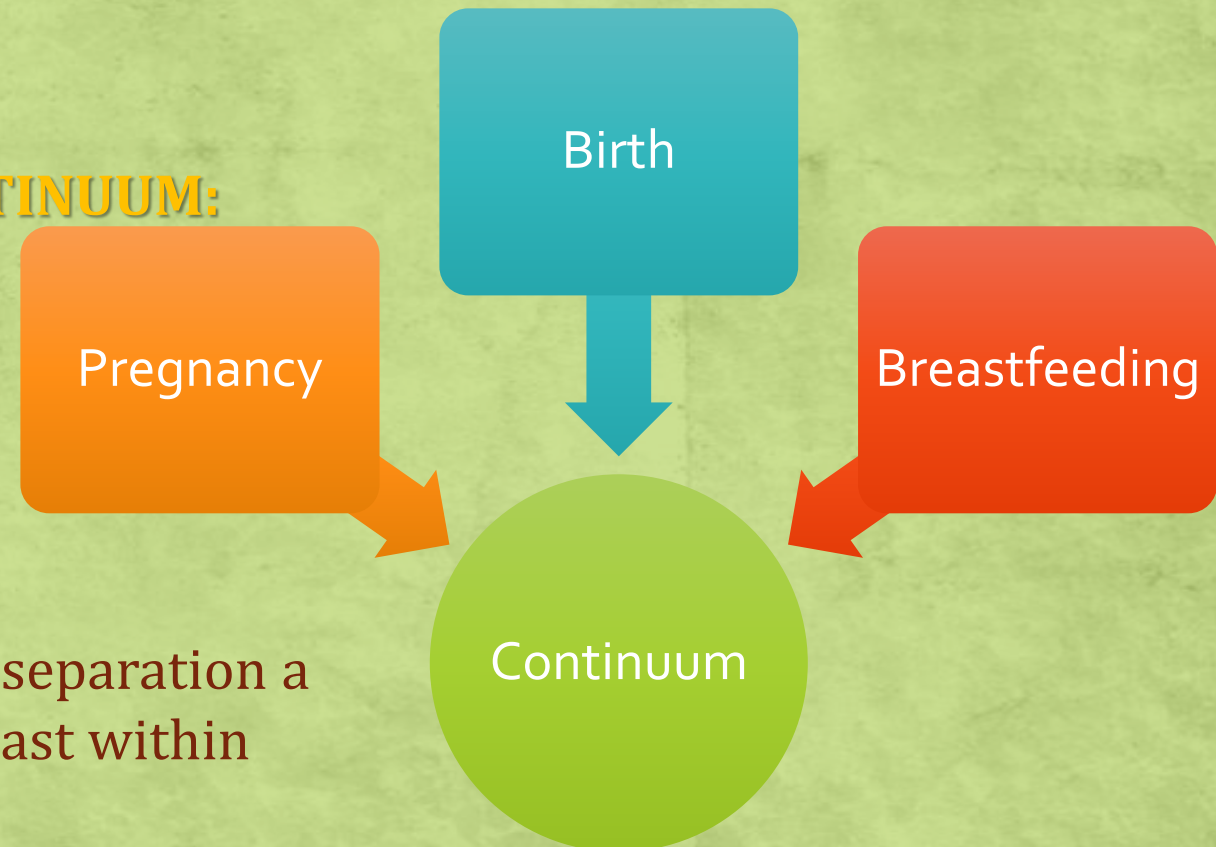
<https://en.proestro.com/belarus-birth>

OUR MISSION (2018) is:

- ♥ the popularization of natural approach to conception and childbirth,
- ♥ uniting mothers,
- ♥ uniting friendly practitioners in conception, birth, maternity and related fields with mothers worldwide,
- ♥ launching bridges between experts to inspire new fruitful projects,
- ♥ **the shift to the new birth paradigm (protection of Basic Needs of MotherBabies in birth and early postpartum).**


"THE BRAKES" OF THE PRIMAL HEALTH CONTINUUM:

- ♥ **in Pregnancy:** "prenatal scare (not care)" (- Ibu Robin Lim), medicalized pregnancy;
- ♥ **in Birth process:** human speech, light and if a woman feels, she is observed and she's in an insecure situation/place;
- ♥ **in Breastfeeding:** no disturbing a mother, no separation a baby from mother, no cutting umbilical cord at least within first 2 hours, no losing colostrum, no dummy.



Ways to the new birth paradigm/primal health paradigm



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- **Level 1. Medical institutions and organizations of midwives and doulas:**
 - to change the vocabulary and the language of communication with a woman in childbirth (including avoiding the terms "labour management", "pregnancy management") towards a very respectful and caring attitude to a woman's feelings and her family.
 - **Level 2. International organizations & Ministries of Health of countries worldwide:**
 - to put into practice studying and training medical personnel in the Basic Needs of Women and the Child in Labor and in the early postpartum on the basis of the brochure of Ruth Ehrhardt "The Basic Needs of a Woman in Labor".
 - **Level 3. All future and current parents, midwives, doulas, specialists in obstetric care and the perinatal sphere:**
 - to start thinking not in terms of an individual or an organization, but in terms of the human species and humanity.

Our basic needs in childbirth coincide with the basic needs of other mammals!

“... what would happen if one tries to pick up the newborn baby of a mother gorilla who has just given birth?” – Dr. Michel Odent



"How are you going to check the cervix of a tiger?"
– Sister MorningStar.

Mothers' global networking



Ways:

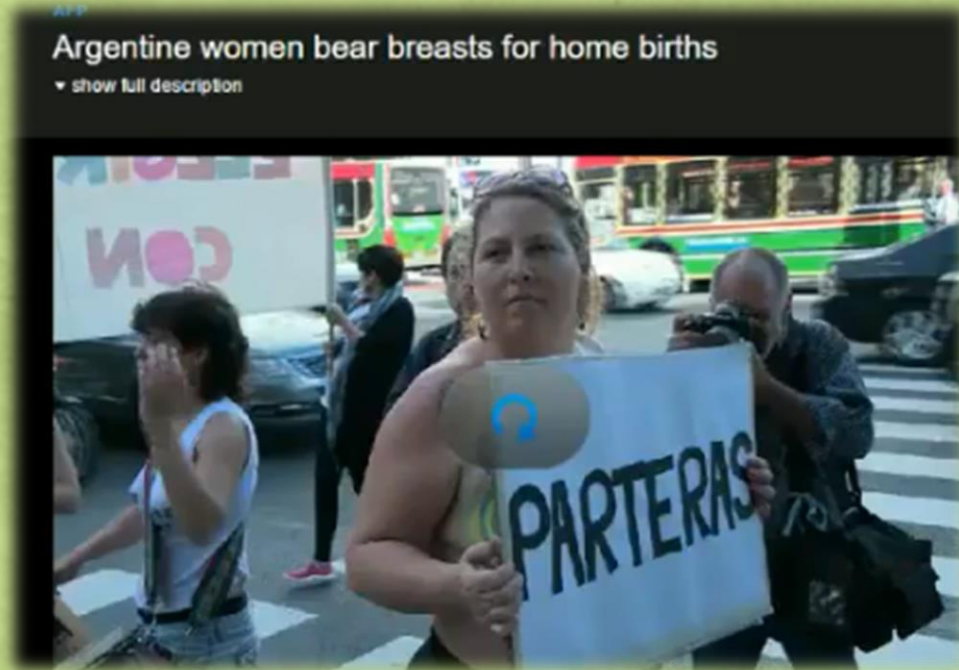
a) Internet

- Websites
- Communities in social media
- Newsletter

b) Mass media

Mothers' & Midwives' global networking

(2015)



The initiative of Marina Lembo (midwife from **Buenos Aires**) to unite mothers and midwives for a public protest against the official prohibition of home birth in Argentina ("Argentine women bear breasts for home births")



All pregnant & nursing mothers are Madonnas



*Madonna and the Child (The Litta Madonna)
by Leonardo da Vinci, middle of the 1490s*



*The Nursing Madonna in Duomo by Defendente Ferrari
middle of the 1500s*

All pregnant & nursing mothers are Madonnas



Gilded wood statuette of Isis breastfeeding infant Horus. From the Treasure of Tutankhamun. New Kingdom, 18th Dynasty

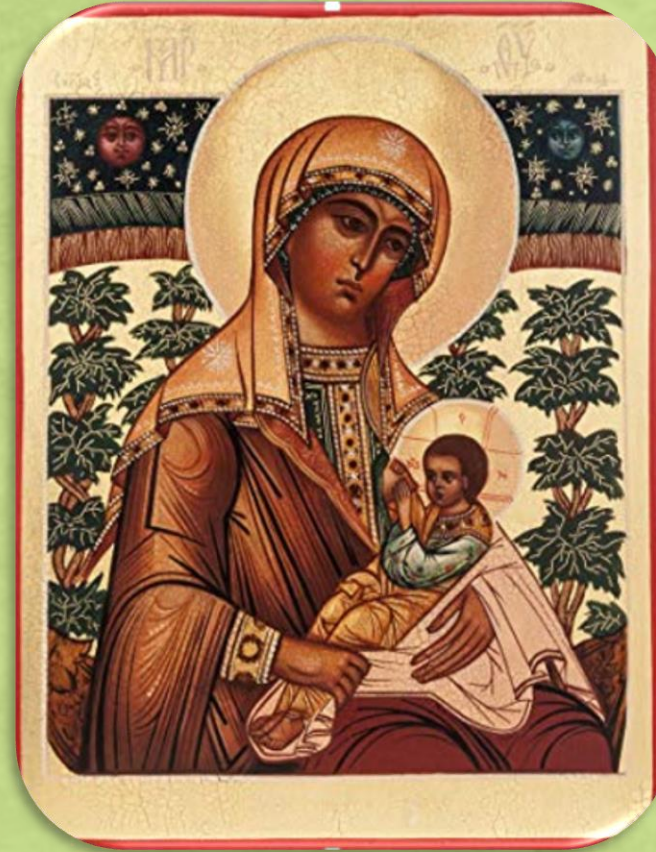


Diana's Fountain of Ephesus (Lactation Diva), by Cardinal Ippolito d'Este, Italy, 1500s. It symbolizes fertility and abundance, both of nature and of intellect.

All pregnant & nursing mothers are Madonnas



Mother and Child by Pablo Picasso, 1905



*Russian icon of the Virgin Mary breastfeeding Jesus,
12th century*

All pregnant & nursing mothers are Madonnas



*Black Madonna. Arbore tribe. South Ethiopia,
21st century*



*Ukrainian Madonna,
21st century*

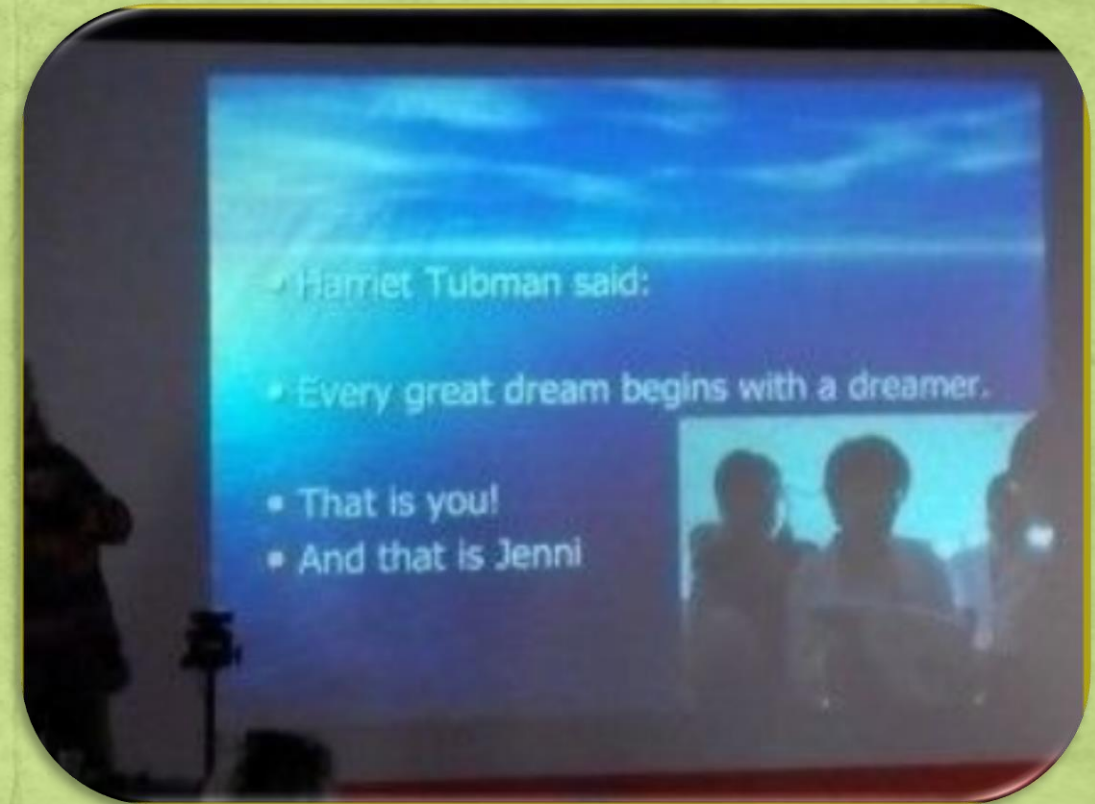


Mother love is unconditional! [it's conditioned by physiology]

It might be inconvenient or politically incorrect but it changes things globally.

"Nothing changes until you get moving towards unconditional love!"

— Mahatma Gandhi



— Harriet Tubman, American abolitionist and political activist



THANK YOU SO MUCH FOR YOUR ATTENTION!

FFEL FREE FOR THE QUESTIONS!



*Pregnant Madonna by Julia Yuleyeva specially for Miracle in the Heart project,
21st century*

**For the sake of Miracle of Childbirth
worldwide**

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